

Conduct Mental Health and Alcohol Education and Screening Events

Provided FREE for All Military Units

THE PROGRAM:

- Voluntary program of mental health and alcohol self-assessment and referral.
- For military families and service members affected by deployment.
- Can be used any time throughout the year.

WHY CONDUCT IN-PERSON SCREENING EVENTS:

- Military service members and their loved ones face unique and severe stressors.
- Increased drinking, anger, aggression, an inability to concentrate, and hopelessness indicate serious but common and treatable problems.
- Ready-made program helps those feeling disconnected put the pieces back together and build healthy lives and families.
- More than 100 installations have already successfully implemented these programs.

YOU WILL RECEIVE:

- Free kit of materials and instructions for implementing health-fair style education and screening events. Provides enough materials for 500 participants. Available while supplies last.

Kit includes:

- ☐ Implementation and Promotion Guide
- ☐ Screening Forms
- ☐ Educational Brochures
- ☐ Banner
- ☐ Posters
- ☐ Video
- ☐ Give-Away Items with educational messages
- Free conference call trainings and ongoing technical assistance for your staff.

TO REGISTER:

1. Complete the registration form, OR
2. Register online at:
www.MentalHealthScreening.org/Military



Mental Health Self-Assessment Program

Provided by Screening for Mental Health, Inc. (SMH)

With funding from the

Department of Defense Office of Health Affairs

Contact the SMH office at:

(781) 239-0071 or

email: military@MentalHealthScreening.org

REGISTRATION FORM



Mental Health Screening™

NASD *National Alcohol Screening Day®*

TO REGISTER:

You may register ONLINE at:
www.MentalHealthScreening.org/Military **OR**

MAIL or FAX this completed form to:

Screening for Mental Health, Inc.
One Washington Street, Suite 304
Wellesley Hills, MA 02481

FAX: 781-431-7447 • Phone: 781-239-0071

EMAIL: military@MentalHealthScreening.org

My Contact Information

Unit/Installation Name:

Contact Name:

Title:

Street (not deliverable to P.O. boxes):

APO address (if needed):

City:

State/Country:

Zip:

Email:

Phone: ()

Fax: ()

Military Branch:

KIT SELECTION:

I would like the following free kit(s):

(Check one or both programs)

☐ NDSD mental health screening kit
and/or

☐ NASD alcohol screening kit

- You will receive one (1) NDSD and/or one (1) NASD kit (based on your order).
- Each kit includes enough education and screening materials for 500 participants and comes in 4 boxes.
- Please contact us if you need extra materials.
- Kits will be shipped starting in late February.
- Materials are available while supplies last.

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